

ABSTRACT OF THE INVENTION

An absorbent article such as infant training pants is provided with a mechanical hook-and-loop type fastening system in which at least the loop material is stretchable and in some embodiments is elongated before it is brought into engagement with the hook material and is then allowed to contract on the hook material while in other embodiments the loop material is shrunk as it is placed in engagement with the hook material.

1. A method of fastening an absorbent article, comprising:
 (a) providing a first material having a first surface and a second surface;
 (b) providing a second material having a third surface and a fourth surface;
 (c) stretching the first material in a first direction;
 (d) bringing the first surface of the first material into engagement with the third surface of the second material;
 (e) allowing the first material to contract in the first direction;
 (f) providing a third material having a fifth surface and a sixth surface;
 (g) providing a fourth material having a seventh surface and an eighth surface;
 (h) bringing the fifth surface of the third material into engagement with the seventh surface of the fourth material;
 (i) allowing the third material to contract in the first direction.